Independence Mental Health Institute



Purpose

Independence Mental Health Institute (MHI) is one of Iowa's two mental health institutes providing short term psychiatric treatment and care for individuals with severe symptoms of mental illness. Independence has 40 adult beds and 20 child/adolescent beds.

Who Is Helped

Independence provides inpatient psychiatric services to children, adolescents and adults.

93 percent of the adult and 95 percent of the children and adolescent patients were involuntarily admitted in SFY16.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY16:

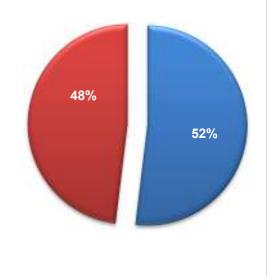
- 160 admissions
- 206 total served:
 - 107 adult psychiatric
 - o 99 child and adolescent

The average adult patient is a 40-year-old female who is involuntarily admitted. The average length of stay has increased to 165 days due to some individuals who need longer-term care.

The average child/adolescent served in the inpatient program is a 14-year-old female who is involuntarily admitted. The average length of stay is 48 days.

Number Served in SFY16

- Adult Psychiatric Program (52%)
- Child and Adolescent Program (48%)



- ✓ Independence has a total of 60 beds or 8 percent of the 731 inpatient community psychiatric beds in the state.
- ✓ Independence served 31 percent of the total adult admissions to the MHIs in SFY16.
- ✓ Independence served 22 percent of the total child/adolescent admissions to the MHIs in SFY16.

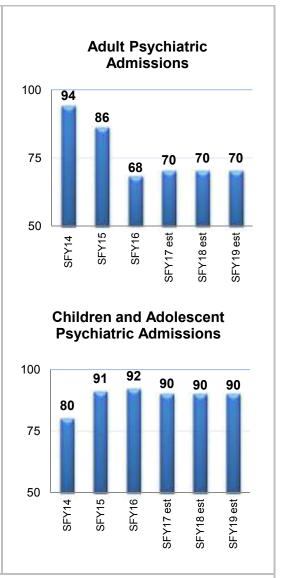
Services

Adult Acute Psychiatric Services

- 40 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.

Inpatient Psychiatric Services for Children and Adolescents

- 20 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Education for children and adolescents provided by the MHI school.



- ✓ Independence is accredited by The Joint Commission.
- ✓ 49 percent (99 FTEs) of the staff are direct care, 13 percent (27 FTEs) are professional and treatment professionals, 4 percent (9 FTEs) are educational, 8 percent (16 FTEs) are maintenance, 14 percent (29 FTEs) are other support staff, and 12 percent (24 FTEs) are administrative.
- ✓ In SFY17, 84.9 percent of the Independence MHI operating budget is for staffing costs and 15.1 percent is for the support costs.
- ✓ 4 main buildings on 276.60 acres (76.9 acres managed by Iowa Prison Industries.)

Goals & Strategies

Goal: Promote Iowa's Behavioral Health Status. Strategy:

- Improve the level of functioning of individuals served
- Reduce the use of restraint and seclusion
- Provide quality discharge planning to reduce readmission rate.

Results SFY16

- 100 percent of children, adolescent and adult patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF).
- 99 percent of adults were not readmitted within 30 days of discharge.
- 2 hours 0 minutes of restraint are used per 1,000 hours of adult inpatient hours.
- 1 hour 33 minutes of restraint are used per 1,000 hours of child /adolescent inpatient hours.

Cost of Services

MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY17 per diems are based on costs experienced January 1, 2015 through December 31, 2015.

Daily per diem rate:

Adult psychiatric, \$1,061

Child/Adolescent psychiatric, \$1,092

Cost per episode of care:

Adult psychiatric, \$120,223

Child/Adolescent psychiatric, \$43,323

✓ Four entities operate programs on the Independence campus.

Funding Sources

The Independence Mental Health Institute is funded by state general funds and federal funds with a small amount of funding from other sources.

The total budget for SFY17 is \$20,091,730:

- \$19,442,287 (96.8 percent) is state general fund.
- \$649,443 (3.2 percent) is from other funding sources



- ✓ The adult patient's county of residence is required to pay 80 percent of the county capped per diem, minus any third party payments such as Medicaid, Medicare, or private insurance. County receipts are deposited in the state general fund.
- ✓ Medicaid pays for services for children under the age of 21.
- ✓ Independence receives an "upfront" appropriation from the general fund.

Legal Basis

State:

- Code of lowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812
- Iowa Administrative Code, 441 IAC 28 and 29